

“The first principle of recovery is the empowerment of the survivor. She must be the author and arbiter of her own recovery. Others may offer advice, support, assistance, affection, and care, but not cure.”

– Judith Lewis
Herman

CONTACT US

If you are a young woman (16-25) struggling to maintain your tenancy and you are a survivor of sexual abuse, please get in touch.

If you would like a TS4S service developed in your local authority please get in touch.

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Tenancy Sustainment for Survivors
(TS4S)

SUPPORTING HOMELESS
SEXUALLY ABUSED YOUNG
WOMEN



Are you a survivor of sexual abuse, rape, sexual assault or other forms of men's violence against women and girls ?



Are you 16-25 years old, female and a tenant or a potential tenant?



You may benefit from talking to a specialist service for survivors who will help you to sustain your tenancy and avoid homelessness.

"I find you easy to talk to, you are not judging me but listening to what I am saying. I am realising that my past has had an effect on how I am just now, and I want to get better."

- Young Woman who benefitted from TS4S

ABOUT US

WHO ARE WE?

SAY Women is a charity organisation that works with young women (16-25 years old) to help them reclaim their lives from sexual abuse, rape, sexual assault and other forms of men's violence against women and girls.

We aim to prevent the repeat cycles of abuse and homelessness that young women experience.

WHAT DO WE DO?

When you meet with a TS4S Project Worker, we will introduce the service to you and discuss your needs and circumstances. The support is tailored to you and focuses on emotional and psychoeducational support, establishing safety, building your resilience (including coping strategies and resources) while helping you to understand the impact of abuse and trauma on your daily life. TS4S works in partnership with local services and together we aim to pull together the wrap-around support you need to assist you with maintaining your tenancy in the long term.